

Colorado Springs Commission on Aging Minutes

July 11, 2018

3 p.m. – 5 p.m.

City of Colorado Springs Transit Services Center, 1015 Transit Drive

In attendance: Rita Fitzpatrick, Janet Lockhart, Connie Johnson, Cleaster Marchman, CJ Moore, Sara Vaas, Aubrey Day, Lorri Orwig, Bob Kirkpatrick, Carrie Schillinger

Excused: Marie Meintz

Guests: Jody Barker, Kelsie Heermans, Carl Schueler, Elisa Santos

Staff: Sabrina Cotta

Call to Order 3:05 pm

Welcome & Introductions

Citizen Comment

PlanCOS

Discussion:

Draft Plan released June 25th

7 Open House Meetings July 2018

August refinement of plan

High level plan -depends on other plans and initiatives

Organized around themes not traditional chapters (8 themes & appendices)

Keystone indicators – main indicators of success:

Examples:

New Residential Net Density

Net City Lane Miles Added

Housing Affordability

Renowned Culture

Walkscore, Bikescore, etc.

Typologies – Very unique

Essential questions – high level for city initiatives

Vision map – not detailed land use map

Recommended Initiatives:

Examples:

Update Zoning and Subdivision Code

Intermodal Mobility Plan

Attainable Housing Plan

SmartCOS Plan

Annexation Plan Update

Neighborhood Planning Program
Aging Mentioned in the Plan

Chapter 1:

A Much Older Population

A More Diverse Population

Chapter 2:

Aging in Place

Chapter 5:

Mobility for seniors

Chapter 7:

Universal Design

Appendix A:

Increasing senior population

Generally supportive policies:

Transit options

Mixed uses

Housing diversity

ADUs

Walkability/connectivity

First and last mile

Next Steps:

Open houses

Updating plan as we go

Comment period ends August 6

Action:

Attend open houses

Send comments on aging through Sabrina

Senior Resource Council

Discussion:

SRC is celebrating its 30th Anniversary

Started by a group who worked in senior care industry – had lunches once a month to talk about resources, challenges, opportunities

Nonprofit membership organization made up of businesses and individuals who serve seniors in some capacity

Educate members, network and collaborate in order to enhance the lives of seniors in Colorado Springs

3 large events throughout the year: 1) Holiday Dinner Dance 2) Golden Guidance Series 3)

Action:

Opportunity for SRC members to talk with Commission on Aging in future

IIAC Partnership

Discussion:

Innovations in Aging Collaborative is formalizing partnerships with Age Friendly partner organizations and invited Commission on Aging to be listed as a partner organization on IIAC website.

Action:

CJ Moore moves to move forward with IIAC Partnership

Connie 2nds

All approve -

Claire Anderson and Cleaster Marchman abstain from the vote

Housing Discussion -

Connie Johnson –

Seniors Blue Book -similar to Yellow Book

Listed by housing type -Independent, Assisted, Skilled Nursing, Memory Care

Colorado Springs Senior Housing and Income Profile

- 65+ Households projected to be 16.5% by 2040
- Combination of people who move here and are aging in place
- Seniors have a higher rate of homeownership by nearly a quarter (23%) of senior households rent
- Median senior household income is \$51,000
- More than half senior households make less than the senior median income of \$51,000
- Poverty rate for seniors (7%) is lower than that of the general population, but their sources of income are much more limited
- In most parts of the city, it's common for anywhere between 10-50% of senior homeowners to spend more than 30% of their income on their mortgage and other associated housing costs
- 2016 median gross rent was \$958
- Percentage of 62+ households living in subsidized housing: 30%
- Percentage of all households living in subsidized housing: 2.4%
- Characteristics of CSHA housing recipients:

- Voucher holders 62+: 23%
- Conventional public housing residents age 62+: 24%
- Number of CSHA Senior Housing buildings: 9

Actions:

Reach out to APS and CSPD about statistics/information about guardianship, conservatorship, etc.
 Opportunities for education around advanced directives conversations from Commission
 Get a copy of updated assisted living regulations
 Build into conversations with Alzheimer’s Association in September

Ideas for Improvement: Next Year’s Budget Cycle

Small turnout from members of the public at public meetings
 Go on a roadshow: senior center, meal sites, senior living communities, different parts of the city, faith based communities, community centers
 More of a formal presentation at the meetings
 Short/simple questions such as: How does the city affect you? How do you get to the doctor? How do you go to the grocery store?
 Involve Senior Resource Council, Better Business Bureau (Buzz with the B’s), Chamber After Hours in partnership with IIAC

Member Matters/Announcements

Budget recommendations to Council will be presented on July 23rd at 1pm Council Meeting
 RFP for Downtown Terminal - Commission on Aging recommends that universal design is included in RFP for updated terminal

Rita Fitzpatrick-

Colorado Forum on Senior Property Tax Exemption, August 14, 9 am -1 pm
 AARP Affordable Housing Forum, August 23, 9 am – 12 pm

Bob Kirkpatrick and Connie Johnson have renewed for another 3 year term.
 Janet Lockhart has completed her term on the Commission on Aging and will not renew.

UCCS Aging Center grant from Next Fifty Initiative will allow for greater capacity for counseling for seniors

CJ Moore –

Went on city leader trip to Boise
 General feedback was that they are lacking in enough services for seniors

Next meeting:

Lee Patke, Greccio Housing

Aging Center?

Next Meeting: Wednesday, August 1, 2018, 3:00 – 5:00 pm at Transit Service Center, 1015 Transit Dr.

Adjourn 5:04 pm